

Nationales Frühjahrsmeeting: Samstag, 6. Mai 2023

Provisorischer Zeitplan

| | Männer | U18 M | U16 M | U14 M | U12 M | U10 M | Frauen | U18 W | U16 W | U14 W | U12 W | U10 W |
|-------|-----------------------------|----------------|------------------|-------------------|---------------|---------------|----------------|-------------------|----------------|----------------|---------------|---------------|
| | U20 M | | | | | | U20 W | | | | | |
| 10:45 | Kugel 1 (7,26 kg / 6 kg) | | Diskus (1 kg) | | | | | Kugel 2 (3 kg) | | | | 50m |
| 11:00 | | | | | | 50m | | | | | | |
| 11:15 | | | | | | | | | | | 60m | Weit 1+2 (Z) |
| 11:30 | | | | | 60m | Weit 4 (Z) | | | | | | |
| 11:45 | Stab 1* | Stab 1* | Stab 1* | | | | Stab 1* | Stab 1* | Stab 1* | 60m | | |
| 12:00 | | | | 60m | | | Kugel 2 (4 kg) | | | Weit 3 (Z) | | |
| 12:15 | Diskus (2 kg / 1.75 kg) | | | Kugel 1 (3 kg) | | | | | 60m | | | |
| 12:30 | | | 60m | | | | | | | | | |
| 12:45 | | | | | | | | | | | Weit 1+2 (Z) | Ball 1 (200g) |
| 13:00 | | | | | Weit 4 (Z) | Ball 2 (200g) | | | | | | |
| 13:15 | | | | | | | | | | | | |
| 13:30 | | | Kugel 1 (4 kg) | | | | 60m | 60m | | | | |
| 13:45 | 60m | 60m | | Weit 3 (Z) | | | Diskus (1 kg) | Diskus (1 kg) | | Kugel 2 (3 kg) | | |
| 14:00 | | | | | | | 150m | 150m | | | Ball 1 (200g) | |
| 14:15 | 150m | 150m | | | Ball 2 (200g) | | | | | | | |
| 14:30 | Stab 2* | Stab 2* | Stab 2* | | | | Stab 2* | Stab 2* | Stab 2* | | | 1000m |
| 14:45 | Weit 2 | Weit 2 | | | | 1000m | Weit 1 | Weit 1 | | | | |
| 15:00 | | Kugel 1 (5 kg) | | | | | | | | | | |
| 15:15 | | | Weit 3 | | | | | | Kugel 2 (3 kg) | 1000m | 1000m | |
| 15:30 | | | | 1000m | 1000m | | | | | | | |
| 15:45 | | | | | | | | | 600m | | | |
| 16:00 | | | 600m | | | | | | | | | |
| 16:15 | | Diskus (1.5kg) | | | | | 600m | 600m | | | | |
| 16:30 | 600m | 600m | | | | | | | Weit 1+2 | | | |
| 16:45 | | | | | | | 300m | 300m | 300m | | | |
| 17:00 | 300m | 300m | 300m | | | | | | | | | |

Stabhochsprung: Kategorien und Geschlechter in gemischten Gruppen

Anfangs- und Sprunghöhen Stab 1* = 2.00m - 2.20m - 2.40m - ab 2.40m in 10cm Schritten

Anfangs- und Sprunghöhen Stab 2* = 3.40m - 3.60m - 3.80m - ab 3.80m in 10cm Schritten