LEICHTATHLETIK KLUB ZUG

# 37. Nationales Bettagsmeeting, 19. September 2026 [definitiver Zeitplan]

| | U18 M | U16 M | U14 M | U12 M | U10 M | U18 W | U16 W | U14 W | U12 W | U10 W |
|---|---|---|---|---|---|---|---|---|---|---|
| **09:30** | | | | Weit 1/2 (Zone) | Weit 4 (Zone) | | Kugel 1/2 (3 kg) | Speer (400 gr) | | |
| **10:00** | 110 m Hürden | | | | | | | | | |
| **10:10** | | 100 m Hürden | | | | | | | | |
| **10:20** | | | | | | 100 m Hürden | | | Ball 1/2 (200 gr) | |
| **10:30** | | Weit 3 | | | | | 80 m Hürden | | | |
| **10:40** | | | 80 m Hürden | | | | | | | |
| **10:50** | | | | | | | Speer (400 gr) | 60 m Hürden | | |
| **11:00** | | | Kugel 1/2 (3 kg) | 60 m Hürden | | | | | | |
| **11:15** | | | | | | | | Hoch 1/2 | 60 m Hürden | Weit 4 (Zone) |
| **11:30** | 100 m *(mit U20)* | | | | | | | | | |
| **11:40** | | | | Ball 1 (200 gr) | Ball 2 (200 gr) | | | | | |
| **11:50** | Weit 3 | 80 m | Weit 1/2 (Zone) | | | | | | | |
| **12:05** | | | | | | | 80 m | | | |
| **12:15** | | Speer (600 gr) | | | | | | | | |
| **12:30** | | | | | | Kugel 1 (3 kg) | | 60 m | | |
| **13:00** | | | | | | | Hoch 1/2 | | | |
| **13:30** | Kugel 1 (5 kg) | Kugel 2 (4 kg) | | | | Weit 3 | | Weit 1/2 (Zone) | 60 m | Ball 1/2 (200 gr) |
| **14:00** | | | 60 m | | | | | | | |
| **14:25** | | | | 60 m | | | | | | |
| **14:55** | | Hoch 1 | Hoch 2 | | 60 m | Speer (500 gr) | Weit 3 | | | |
| **15:30** | | | | | | | | Kugel 1/2 (3 kg) | Weit 1/2 (Zone) | 60 m |
| **16:00** | | | | 600 m | | | | | | |
| **16:15** | Hoch 1 | | | | 600 m | Hoch 2 | | | | |
| **16:30** | | | Speer (400 gr) | | | | | | | 600 m |
| **16:40** | 1000 m *(mit U20)* | 1000 m | | | | | | | | |
| **16:50** | | | | | | 1000 m *(mit U20)* | 1000 m | | | |
| **17:00** | | | | | | | | 1000 m | | |
| **17:15** | | | | | | | | | 600 m | |
| **17:30** | | | 1000 m | | | | | | | |